

# South Beach Diet Delicious Doctor--Designed Foolproof Plan For Fast And Healthy Weight Loss By Arthur, M.D. Agatston

By Arthur, M.D. Agatston

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The South Beach Diet Gluten Solution : The Delicious, Doctor-Designed, Gluten-Aware Plan for Losing Weight and Feeling Great--Fast! by M.D. Arthur Agatston and

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<http://www.barnesandnoble.com/w/south-beach-diet-arthur-agatston/1005423871?ean=9781579546465>

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The origins of the South Beach Diet lay with Arthur Agatston, MD, a cardiologist whose motivation was to improve the cholesterol and insulin levels of his patients

<http://www.healthyweightforum.org/eng/diets/south%5Fbeach%5Fdiet/>

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<http://www.mayoclinic.org/healthy-lifestyle/weight-loss/in-depth/south-beach-diet/art-20048491>

### **Arthur Agatston, MD - WebMD -**

The Delicious, Doctor-Designed, Foolproof Plan for Fast and Healthy Weight Loss, Agatston s first nonacademic work, The outcome was the South Beach diet,

<http://www.webmd.com/arthur-agatston>

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The Delicious, Doctor-Designed, Foolproof Plan for Fast and Healthy Weight Loss. Dr. Arthur Agatston, M.D. St. Martin's Griffin

<http://us.macmillan.com/thesouthbeachdiet/ArthurAgatston>

### **9780060530303 - The South Beach Diet: the -**

9780060530303 - The South Beach Diet: the Delicious, Doctor-designed, Foolproof Plan for Fast and Healthy Weight Loss by Agatston, Arthur

<http://www.abebooks.com/book-search/isbn/9780060530303/>

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### **South Beach Diet Is Hot; Here's Why - WebMD -**

WebMD Feature Archive The South Beach Diet produces rapid weight loss without counting carbs, fats, or calories. It started out simply enough. Arthur Agatston, MD, a

<http://www.webmd.com/diet/south-beach-diet-is-hot-heres-why>

### **The Official South Beach Diet -**

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The South Beach Diet: The Delicious, Doctor-designed, Foolproof Plan for Fast and Healthy Weight Loss by Arthur Agatston M.D. (2003, Hardcover)

<http://product.half.ebay.com/The-South-Beach-Diet-The-Delicious-Doctor-designed-Foolproof-Plan-for-Fast-and-Healthy-Weight-Loss-by-Arthur-Agatston-M-D-2003-Hardcover/2403729&cpid=1130706395>

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<http://www.theproductjungle.com/items/all/1623362547/>

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Both South Beach and Atkins diets are the creation of doctors. The father of The South Beach Diet is cardiologist Dr Beach Diet: The Delicious, Doctor-Designed,

<http://www.webmd.boots.com/diet/south-beach-diet>

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