

# Mindfulness (A Merloyd Lawrence Book) By Ellen J. Langer

By Ellen J. Langer

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Mindfulness. Ellen J. Langer. Mindfulness (A Merloyd Lawrence Book) Langer, Ellen J. Published by Da Capo Press. ISBN 10: 0201523418 ISBN 13: 9780201523416.

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is the author of eleven books and more than two hundred research articles written for general and academic readers on mindfulness Ellen Langer has

<http://www.ellenlanger.com/about/>

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Langer, Ellen J. (1989). Mindfulness. Merloyd Lawrence. Linehan, Marsha (1993). Ellen J. Langer (2014), The Wiley Blackwell Handbook of Mindfulness

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<http://www.cyclopaedia.de/wiki/Ellen-J.-Langer>

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